

CommUNITY Adult Mental Health Initiative
Advisory Committee
February 4, 2016

Voting Members Present: 12
Quorum Required: 11

Representative	"X" = Present	Stakeholder	Alternate	"X" = Present
		CSP – Sherburne/Wright		
Bajari, Pam		CBHH	Burns, Laura	
Mears, Marcy		Sherburne County	Wehling, Jill	
Danda, Julie	X	Vocational Stearns/Benton – Chair	Gaedy, Maureen	
Erkens, Diane	X	Wright County	Miller, Michelle	
Fluey, Kathryn	X	Sherburne County Consumer	Morrison, Brenda	
Grand, Jill		VRS – Sherburne/Wright	Krukenberg, Hillary	
Hanks, Sue	X	CSP – Stearns/Benton	Sheehan, Meg	
Hinz, Tracy		MHC – Sherburne/Wright - V. Chair	(Vacant)	
Johnson, Rick		Benton County Consumer		
Knop-LaPlant, Sheila		Wright County Consumer		
Long, Lori	X	Stearns County Consumer	Brown, Polly	X
Mikes, Emilie		Community Based Services	Ringstad, Ken	
Eich, Krissy	X	Vocational Sherburne/Wright	Smith, Henry	
Pine, Mary Jo	X	VA Medical Center	Hovland, Voni	
Sizer, Mark	X	Stearns County	Harren, Candace	X
LaGow, Catherine	X	MHC – Stearns/Benton	(Vacant)	
Shoberg, Sandi	X	Benton County	Koscielniak, Peggy	X
Walker, Chris	X	St. Cloud Hospital	Stueve, Deb	
Wittrock, Skip	X	VRS – Stearns/Benton	Othwaite, Jessica	X

		Ex- officio members
Bernstein, Faye	X	DHS
Stalboerger, Mike	X	Initiative Coordinator

		Other attendees
William Tregaskis	X	Allina Health Buffalo Hospital
Amanda Skold	X	Wellness in the Woods
Amy Carter	X	Rise
Samantha Kreville	X	Solutions Behavioral Healthcare
Maureen Wilkos	X	Sherburne County
Nicole Banke	X	Benton County
Victoria Blonigen	X	Benton County
Marsha Hagfors	X	Benton County
Amy Axtmann	X	Allina Health Buffalo Hospital
Nicole Ruhoff	X	Benton County
Henry Smith	X	Rise
Nikki Wieberdink	X	CMMHC
Pete Eischens	X	VRS
Jami Goodrum Schwartz	X	WCHHS
Bill Affeldt	X	Sherburne County

Call to order:

The Chair, Julie Danda, called the meeting to order at 1:00 p.m. The mission statement was read and introductions were made.

Minutes – December 3, 2015:

Motion made by Sandi Shoberg, seconded by Kathryn Fluey, to approve the minutes once the error that Rise did not report at December meeting is deleted. Motion carried.

Current Agenda:

Motion to approve agenda made by Lori Long, seconded by Diane Erkens. Motion carried.

Financial report: Peggy Koscielniak

Reviewed the year to date report through December 2015; currently 100% spent of the year. Motion made by Kathryn Fluey to approve the financial report as presented, seconded by Skip Wittrock. Motion carried.

Benton County Representative Recommendation – Sandi Shoberg

Sandi recommended that Marsha Hagfors be a Benton County representative. Motion made to approve Marsha Hagfors as a representative made by Lori Long, seconded by Henry Smith. Motion carried.

Unmet Needs Applications – Mike Stalboerger

Mike provided an update to group that there were 8 proposed unmet needs. All 8 received approval by Joint Powers Board and were submitted to DHS. We haven't heard anything from DHS. Timeline is end of February roughly to hear back.

Contract Status Update – Mike Stalboerger

Waiting on the crisis contract to be approved by Benton County Attorney.

DHS and Legislative Update - Faye Bernstein

Faye said that the reporting sheet DHS came up with should be scrapped. We have to do something totally different. She asked the group what information providers could easily get that DHS could write a report about to secure the dollars. Billable services has good data but we need more data to write a good report. Don't forget the mission. Could this be measured by getting close to our mission? Maybe we could look at the overall initiative mission-what does the money we receive support. We could do a true satisfaction /quality of life survey. That would tell us the value to people receiving these services. It would also show what programs/serviced were funded, if it helped people, the real stories are compelling and would be a way to measure by the individuals responses. Once DHS decides what they are looking for, providers can get you the data you want to capture.

Consumer Title Discussion - Lori Long and Kathryn Fluey

Lori doesn't like the consumer title. It's a stigma. She looked up definitions for the following words:

- Consumer-this is a person who purchases good and services for personal use;
- Client-this person is a customer;
- Patient-this person is someone under medical care/treatment;
- Mental-relating to the mind; or relating to the total emotional and intellectual response of an individual to external reality.

Lori felt we need to take a look at mental health and mental illness being a label. Being labeled a consumer in this room, Lori said it feels less than. Labeling is something many groups/communities do. You should be able to be called what you want. The disability movement chose the term consumer-maybe it was to say you get to choose your needs/services. Can this group undertake some changes? Come up with a different title? If it doesn't start with this group to change it, where/when will it? Advocate role is what they are coming here to be, maybe call them a member advocate? Good feedback and discussion.

Kathryn said at the LAC meeting the term consumer was discussed, and it's bigger than was thought. Some feel consumer is not a nice term, felt putdown, stigmatized, etc. What would you prefer to be called was the question. They decided on community member instead of consumer.

Wright County also discussed the term; their group didn't have a strong opinion one way or the other. They asked why do they use the word consumer? Because that is State language. They said they would continue to use as that is the way the State uses it.

Motion to utilize the word of community advocate and move away from the word consumer made by Lori Long, Sandi Shoberg seconded. Motion carried. It will go to the Joint Powers Board to further discuss.

CommUNITY Mental Health Initiative Committee and Grant updates:

- *Housing Coordination:* Sue Hanks presented the Housing Coordination Report for December 2015-January 2016, refer to attached report.
- *Vocational Grant:* Julie shared her report. Fourth quarter numbers were on the report as well as the year to date numbers. Retention looks good, supports are in place. Refer to report for specifics.
- *Anti-Stigma Work Group:* The campaign has started and we have on screen advertising in Marcus Theatres at the Elk River and Waite Park locations. They have a 30 second ad and there are lobby advertisements on marquees. Marcus Theatres said on average 45,000 people go to movies at Waite Park and 17,000 at Elk River. For 2016 they will pay attention to the number of people and better able to report back how many have seen them.
- *Training Work Group:* Sandi said we still need people to join the committee. March 2nd will be Seasonal Affective Disorder Training, presenters TBD. Mike Mynczywor, LICSW from the VA, is willing to do a PTSD training in May if the training group is interested.
- *Peer Mentoring:* Currently 18 mentees, 15 mentors, waiting list has 0 mentors and 8 mentees.
- *Rise:* YTF have 34 enrolled in program, see report for specifics. They are in the process of hiring a new ARMS worker and they will fill that by June of this year.

Community Based Mental Health Services:

- *IRT Northway:* As of Monday we have a full time new director, Dr. Richard Lee. Looking forward to new changes and the hope is he will get around to the various committees in the area.
- *IRT Northway:* DHS has an RFP out and the plan is to respond to RFP as it has a significant amount of money DHS is offering for upgrades. Mental Health center is prepared to put money in as well for upgrades. Make more user friendly, have more beds, provide single occupancy as residential treatment facilities, to increase physical plant upgrade and more beds. The wait list is long.

- *ACT*: At full capacity with 80 clients in St. Cloud and 84 clients in Monticello. Also engaged in the State of Minnesota are revamping standards for ACT services. St. Cloud team will be losing 4 SOS employees, what will we do with the positions? Not sure. This may be an opportunity to re-tool. There should be some open positions, new blood may improve quality of care, gets people on a reset. Tracy can't entertain any new referrals for a while as she will be down on staff.
- *Crisis Response Team*: Peer specialist is asking for money from the State to expand the mobile services. They have reduced the response time to get to areas. There were 667 calls taken in January.
- *Crisis Bed Program*: No report
- *Inpatient - St. Cloud Hospital*: No report
- *VA*: The Acute Mental Health Unit has 10 patients on average, which is a good average. Started with observation beds and more people are being admitted to the acute area. 4 on acute unit are under commitment awaiting placement right now. There is a long wait to get into a community for a provisional discharge. Mary Jo shared a flyer for a Veterans Rendezvous, see that for specifics. They just broke ground for Linden Grove, an apartment complex to house homeless veterans. Al Loehr apartments are housing 51% of vets managed by Catholic Charities. New federal program implemented across country for Native American communities, much like HUD VAC. The VA will contract with Leech Lake to hire someone to implement program in that area. Operation Freedom, Iraq Freedom, changing to TICM transition in care management-different title for same program. She shared letter she received from Congressman Emmer's office, see that for specifics.
- *VRS*: over the last year we talked about IPS programs and they are very successful. Last month or so we have had goodwill IPS grant underway with first referrals coming in. They are excited to see the increase in services they have available. Regular program-continue to have a lot of success finding jobs for people with disabilities. Employment market continues to be very strong and are able to place consumers that in the past there was nowhere to place them. St. Cloud produced more satisfactory employment than any other office in State. Good start this year just like last year. Good outcomes with a lot of referrals.
- *Website*: 982,700 views as of this morning. Within next month we will hit 1 million views. Updating the calendar events for recurring events, will make sure it's accurate, give Mike any information you may have for items to add to website.

Open forum:

Information/Presentations: Cathy LaGow shared on February 1st they opened a primary care clinic at Midtown, offering behavioral health and primary care. It is staffed by case management, primary by CentraCare and behavioral and mental by MHC. More user friendly for MH clients who aren't comfortable in a regular clinic and can enter through behavioral health door as that is what they are more comfortable with.

Wellness in the Woods is able to offer QPR and mental health first aid for first responders.

Homeless Day on the Hill is March 15th and MH Day on the Hill is March 31st. NAMI is coordinating a bus and providers can also go on bus.

Motion made to adjourn meeting at 2:45 p.m. by Lori Long and seconded by Kathryn Fluey.